



## COURSE OUTLINE: PNG116 - NURSING PRACTICE I

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<b>Course Code: Title</b>	PNG116: NURSING PRACTICE I
<b>Program Number: Name</b>	3024: PRACTICAL NURSING
<b>Department:</b>	PRACTICAL NURSING
<b>Academic Year:</b>	2025-2026
<b>Course Description:</b>	<p>This course will provide the learner with opportunities to apply concepts and the knowledge acquired in the classroom environment and practice setting. The emphasis will be on promotion of health and wellness of well individuals throughout the lifespan. The learner will be introduced to individuals in selected age groups through simulation, lab practice and community agencies.</p> <p>The learner will gain knowledge in various skills required by individuals in selected age groups which include: hand washing, medical asepsis and isolation techniques, principles of proper body mechanics, hygiene/dressing/grooming care, bed making, assisting with elimination, mobility, ambulation and safe transferring techniques, fire safety, environmental safety assessment.</p> <p>Students are expected to work independently to gain an understanding in the application of medical terminology.</p>
<b>Total Credits:</b>	4
<b>Hours/Week:</b>	4
<b>Total Hours:</b>	81
<b>Prerequisites:</b>	There are no pre-requisites for this course.
<b>Corequisites:</b>	PNG111, PNG113, PNG115, PNG117
<b>This course is a pre-requisite for:</b>	PNG127, PNG131
<b>Vocational Learning Outcomes (VLO's) addressed in this course:</b>	<p><b>3024 - PRACTICAL NURSING</b></p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 3 Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 8 Contribute to creating a healthy and safe work environment in a variety of health care settings.</p>
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p>



- EES 4 Apply a systematic approach to solve problems.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

**Course Evaluation:**

Passing Grade: 65%, C

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

**Other Course Evaluation & Assessment Requirements:**

Component 1. Lab Tests and Medical Terminology Tests, Skills Assessments, Scenario Testing, must be at a satisfactory level of 60% overall.

Component 2. Satisfactory supervised skill practice (lab/lecture), mandatory attendance. If a lab is missed, the student will be expected to satisfactorily demonstrate the objectives of the missed labs within 2 weeks. Labs are not re-taught. The inability to practice skills in the clinical setting that were not supervised in lab, and a pattern of absences, will have implications for successful completion of the elements of performance. If 2 or more labs are missed, or performance/professionalism issues are noted, the student will be at risk for failing the course, and failure to rectify the issues satisfactorily will result in a zero grade for the course.

Professionalism / lab conduct: Students are expected to be punctual, have the required attire, grooming, resources and be prepared for practice. Lab preparation activities must be completed prior to the beginning of lab practice (required readings, videos). Students who are late or not prepared may be asked to leave the lab and this will be recorded as an absence.

Component 3. Students will complete clinical placement in LTC 5 hours per week for 5 weeks which will include instructor lead data collection for a total 25 hours. Students who miss clinical will be required to make-up this time during the week immediately after the 5th week of clinical. Must achieve an S (satisfactory) to be successful. Clinical hours are mandatory, and hours missed that are required to be made up may be financially accountable to the student. Students who miss 35% or more of clinical placement will be unsatisfactory in the course with no option of make-up time.

NOTE\*\*\*Students must be successful in each component of the course to be successful in the course overall.

**Books and Required Resources:**

Medical Terminology: a Short Course by Chabner  
 Publisher: Elsevier Science & Technology Books Edition: 9th  
 ISBN: 9780323479912

Perry & Potter's Canadian Clinical Nursing Skills & Techniques by Cobbett  
 Publisher: Elsevier Canada Edition: 2nd



ISBN: 9780323827447

Potter and Perry's Canadian Fundamentals of Nursing by Astle & Duggleby  
Publisher: Elsevier Hlth Sceinces Division Edition: 7th  
ISBN: 9780323870658  
and e-book

Standards of Practice for Nurses in Ontario by CNO  
Publisher: CNO  
online resource - professor to provide info

**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Practice in a professional manner in accordance with the College of Nurses of Ontario Standards of Practice.	1.1 Take responsibility for own personal and professional growth. 1.2 Differentiate between professional and social roles. 1.3 Utilize reflective practice to promote further learning through adhering to regulatory requirements of jurisdictional legislation. 1.4 Use feedback positively to promote further learning. 1.5 Comply and practice according to legislation, practice, ethics and organizational policies. 1.6 Take responsibility for own decisions and actions. 1.7 Provides essential client information to the client and the healthcare team. 1.8 Identify personal values and beliefs. 1.9 Practise self-care to promote personal health and wellness. 1.10 Take responsibility for attending clinical placement according to college policy. 1.11 Report significant information accurately. 1.12 Identify how to demonstrate formal and informal leadership in practice. 1.13 Discuss and demonstrate a professional presence, honesty, integrity, and respect in all interactions. 1.14 Articulates own role based on legislated scope of practice, individual competence, and care context including employer policies. 1.15 Determines their own professional and interprofessional role within the team by considering the roles, responsibilities and the scope of practice of others. 1.16 Provides essential client information to the client and the healthcare team.
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Display caring behaviours when interacting with well individuals.	2.1 Fosters an environment that encourages questioning and exchange of information. 2.2 Demonstrate a supportive and client centered approach. 2.3 Use a non-judgmental attitude, empathy and genuineness when interacting with individuals. 2.4 Display sensitivity to beliefs, values and practices of various lifestyles and cultures. 2.5 Promote the achievement of individual's expected health



	<p>outcomes.</p> <p>2.6 Utilize appropriate therapeutic communication techniques.</p> <p>2.7 Promotes effective interpersonal interaction.</p> <p>2.8 Promote the self-care abilities of the individual.</p> <p>2.9 Advocates for the use of Indigenous health knowledge and healing practices in collaboration with the client.</p> <p>2.10 Participates in creating and maintaining a quality practice environment that is healthy, respectful and psychologically safe.</p>
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
<p>3. Practice interpersonal skills which promote and maintain caring relationships with individuals, families, peers, faculty and agency personnel through collaboration and collegueship.</p>	<p>3.1 Participate as a contributing member of the team in providing care for the client.</p> <p>3.2 Identify situations of conflict.</p> <p>3.3 Follow verbal and non-verbal directions safely, responsibly and consistently.</p> <p>3.4 Adapt communication strategies to meet the needs of the client.</p> <p>3.5 Protect the client's rights by maintaining confidentiality and privacy in all personal and professional contexts.</p> <p>3.6 Communicates collaboratively with the client and the healthcare team.</p> <p>3.7 Initiates, maintains, and terminates the therapeutic nurse-client relationship.</p>
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
<p>4. Apply the nursing process to organize and provide safe, competent basic nursing care for the well client.</p>	<p>4.1 Gather data utilizing a prescribed tool.</p> <p>4.2 Demonstrate the ability to observe an individual.</p> <p>4.3 Identify relevant observations to be included in assessment.</p> <p>4.4 Documents according to established legislation, practice standards, ethics, and organizational policies.</p> <p>4.5 Plan a group teaching plan to address expected health outcomes (goals).</p> <p>4.6 Uses critical thinking, critical inquiry and clinical judgment for decision-making.</p> <p>4.7 Identify principles of selected basic nursing skills in placement.</p> <p>4.8 Implement teaching plan within a reasonable timeframe.</p> <p>4.9 Collect significant information according to agency policy and college guidelines.</p> <p>4.10 Evaluates the effectiveness of nursing interventions by comparing actual outcomes to expected outcomes.</p>
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
<p>5. Promote client's optimal health and wellness through the application of the theories of growth and development.</p>	<p>5.1 Assess the individual based on age and stage of life.</p> <p>5.2 Plan age appropriate activities to promote health.</p> <p>5.3 Execute appropriate activities to promote health.</p> <p>5.4 Evaluate the effectiveness of intervention (activities).</p>
<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
<p>6. Examine theories of</p>	<p>6.1 Explain the chain of infection.</p>

microbiology and the purpose of hand washing.	6.2 Identify infection prevention and control measures to break the chain of infection. 6.3 Discuss precautions to use when in contact with body fluids. 6.4 Demonstrate hand washing using proper technique.
<b>Course Outcome 7</b>	<b>Learning Objectives for Course Outcome 7</b>
7. Identify the principles and techniques for providing care with the client in isolation.	7.1 Discuss the risks for hospital-acquired infections. 7.2 Identify isolation guidelines. 7.3 Explain the difference between medical and surgical asepsis. 7.4 Perform infection control practises correctly. 7.5 Explore the psychological implications of isolation upon the client and family members. 7.6 Discuss the learning needs of the client/family in isolation. 7.7 Provide the definitions for infection control terminology.
<b>Course Outcome 8</b>	<b>Learning Objectives for Course Outcome 8</b>
8. Examine and demonstrate proper body mechanics and back safety.	8.1 Apply concepts and principles of body mechanics to Activities of Daily Living (ADL) in the home, school, and hospital setting. 8.2 Discuss safety precautions related specifically to back safety. 8.3 Examine the application of back safety precautions when working with various age groups. 8.4 Demonstrate good body mechanics: bed making and using equipment in the lab. 8.5 Demonstrates fitness to practice
<b>Course Outcome 9</b>	<b>Learning Objectives for Course Outcome 9</b>
9. Identify safety precautions for specific age groups.	9.1 Review safety practices and devices available for the injury prevention for various age groups.
<b>Course Outcome 10</b>	<b>Learning Objectives for Course Outcome 10</b>
10. Practice mobility skills for the client in the lab setting.	10.1 Demonstrate, using good mechanics: positioning, moving and transferring a client. 10.2 Perform active/passive exercises including Range of Motion exercises. 10.3 Assist clients to ambulate. 10.4 Practice the teaching and the use of ambulation aids, including a mechanical lift. 10.5 Examine the complications of immobility for clients.
<b>Course Outcome 11</b>	<b>Learning Objectives for Course Outcome 11</b>
11. Identify fire safety hazards and disaster management.	11.1 Identify fire safety precautions in various settings. 11.2 Identify various types of fire extinguishers. 11.3 Identify emergency measures for a fire. 11.4 Discuss and participates in emergency preparedness and disaster management.



<b>Course Outcome 12</b>	<b>Learning Objectives for Course Outcome 12</b>
12. Demonstrate appropriate techniques for providing adult hygiene/grooming/dressing.	12.1 Demonstrate hygiene/dressing/grooming skills in the lab setting using proper principles. 12.2 Assist clients with elimination including use of incontinence products and assistive devices. 12.3 Record hygiene care. 12.4 Adapts practice in response to the spiritual beliefs and cultural practices of clients
<b>Course Outcome 13</b>	<b>Learning Objectives for Course Outcome 13</b>
13. Demonstrate and assist clients with elimination using a variety of methods.	13.1 Assist the client with a variety of methods of toileting. 13.2 Perform catheter care and care of the urinary drainage system including condom catheter and leg bag care and continuous bladder irrigation. 13.4 Document intake and output appropriately. 13.5 Discuss the methods of measuring intake and output.
<b>Course Outcome 14</b>	<b>Learning Objectives for Course Outcome 14</b>
14. Demonstrate appropriate techniques in ostomy care.	14.1 Describe drainage characteristics from various types of ostomies. 14.2 Choose appropriate equipment. 14.3 Empty and cleanse an ostomy bag. 14.4 Change ostomy appliances. 14.5 Discuss skin care strategies. 14.6 Identify client emotional concerns during ostomy care. 14.7 Document appropriately.
<b>Course Outcome 15</b>	<b>Learning Objectives for Course Outcome 15</b>
15. Demonstrate the ability to provide nutrition to clients with differing abilities.	15.1 Assist clients with swallowing difficulties. 15.2 Demonstrate the proper techniques of assisting individuals with visual impairments. 15.3 Practice assisting a person with limited mobility with their nutritional needs.
<b>Course Outcome 16</b>	<b>Learning Objectives for Course Outcome 16</b>
16. Demonstrate appropriate bed making techniques.	16.1 Perform bed making (occupied, unoccupied and surgical) using principles of proper body mechanics and infection control.
<b>Course Outcome 17</b>	<b>Learning Objectives for Course Outcome 17</b>
17. Apply medical terminology to nursing practice.	17.1 Define the meaning of basic medical word roots, suffixes and prefixes. 17.2 Recognize and understand basic medical terminology. 17.3 Identify and decipher medical abbreviations approved for use by a municipal, provincial or national organization. 17.4 Accurately pronounce medical terms. 17.5 Define the meaning of unfamiliar medical terms using the learner's acquired knowledge base of word roots, suffixes and prefixes. 17.6 Demonstrate awareness and use of 24 hour clock.
<b>Course Outcome 18</b>	<b>Learning Objectives for Course Outcome 18</b>



18. Examine how to apply research findings to support nursing practice.

18.1 Provide a safe environment for the individual based on current and relevant research.  
18.2 Participate in scholarly activities to support nursing practice.

**Evaluation Process and Grading System:**

<b>Evaluation Type</b>	<b>Evaluation Weight</b>
Clinical Placement	0%
Feeding Skills Assessment	15%
Lab Test 1	20%
Lab Test 2	20%
Medical Terminology Test 1	5%
Medical Terminology Test 2	5%
Personal Care/ Elimination Skills Assessment	15%
Scenario Testing	20%
Supervised Skill Practice/ Attendance	0%

**Date:**

August 13, 2025

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

